上生 AVVA EXPERIENCE

WINTER / SPRING 2024 IN-PERSON EXPERIENCES

Experiences and activities to bring people

together!



LET'S CONNECT

corporate@avvaexperience.com +44 20 3488 6930

<u>avvaexperience.com</u>

WHAT WE DO:

EXPERIENCES & ACTIVITIES TO BRING PEOPLE TOGETHER



CHOOSE FROM 70+ AMAZING IN-PERSON EXPERIENCES



DESIGNED FOR TEAM BUILDING, OFFICE PARTIES, CLIENT EVENTS & MORE



AVAILABLE NATIONWIDE IN YOUR OFFICE OR AT YOUR EVENT VENUE



PERSONAL EVENT SPECIALIST ASSIGNED TO EVERY BOOKING











<mark>N</mark> Meta

"The team loved it! Thank you." Rebecca - Meta

RBC

"Truly Amazing! It brought the team together." Naomi - RBC

Learn more about our LEGO Building Team Challenge (p.g. 6)

fieldfisher

"Thank you for an excellent event." Nick - Fieldfisher



Morgan Stanley

WHAT TYPE OF EXPERIENCE ARE YOU LOOKING FOR?



TEAM GAMES & CHALLENGES Pg 5 | <u>Click here</u>



MAGICIANS & INTERACTIVE SHOWS Pg 17 | <u>Click here</u>



LGBTQ+ HISTORY & PRIDE MONTH Pg 26 | <u>Click here</u>



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STAFF WELLBEING & DEVELOPMENT Pg 22 | <u>Click here</u>



INTERNATIONAL WOMEN'S DAY & MONTH Pg 27 | <u>Click here</u>



SPRING & EASTER THEMED Pg 28 | <u>Click here</u> GAMES AND CHALLENGES

Perfect for team building or client bonding activities, which combine group problem solving with an unforgettable experience.

<u>Explore our full range online ></u>

A CUSTOMISABLE IN-PERSON TEAM GAME SHOW BONANZA

- Get ready for the ultimate in-person game show bonanza!
- In this interactive experience you'll play a series of fantastic game show rounds
- Playing in teams you'll be challenged to climb the leaderboard to knock your colleagues off the top spot!
- Hosted by a live game show host, this fast paced experience will have your whole team laughing

Want to know more? **CLICK HERE**

or email:

corporate@avvaexperience.com





A CREATIVE AND INTERACTIVE IN-PERSON LEGO BUILDING WORKSHOP

- Become a master builder in this hands-on LEGO building workshop created for corporate audiences
- our experienced builders
- Your expert hosts will guide you through different LEGO building rounds
- Rounds include creative builds done individually and competitive team tasks

Want to know more? **CLICK HERE**

• Grab your LEGO bricks and meet the challenges set by

or email: corporate@avvaexperience.com

THE NUMBER 1 DRAG **QUEEN BINGO EXPERIENCE**

- Hosted by multi award-winning star of RuPaul's Drag Race and undisputed Queen of Bingo, Charlie Hides
- A comedy Drag Bingo Extravaganza suitable for events large and small
- Assemble your guests for an hour of laughter, music, magic and bingo action
- Content suitable for all ages and occasions

Want to know more? **CLICK HERE**



AN INTERACTIVE LIVE MURDER MYSTERY EXTRAVAGANZA

- Immerse yourself in a live, in-person murder mystery as you play the role of detectives
- This is a fully interactive and immersive team-building social using live actors with a cryptic storyline.
- Working in teams, it's your job to interrogate the suspects, examine the evidence, and piece together the timeline!
- Choose between a wide range of storylines

Want to know more? **CLICK HERE**

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THE BIG FAT IN-**PERSON TEAM QUIZ OF THE YEAR**

- a live quiz master
- conferences, after dinner entertainment and more!
- Competing in teams you'll take part in a range of
- Themed and seasonal versions are available

Want to know more? **CLICK HERE**

• Take part in the ultimate in-person trivia quiz hosted by

• A highly engaging quiz that's perfect for team building, unique rounds to find out who the trivia champions are

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AN IN-PERSON VIRTUAL REALITY (VR) BOMB DEFUSAL TEAM BUILDING GAME

- Build trust and communication in this Virtual Reality (VR) Bomb Defusal Team Building Game
- This team-building activity simulates a high-pressure scenario where a bomb needs to be defused within a set amount of time
- Players will be divided into teams and each team will be tasked with solving a series of puzzles to disarm the bomb

Want to know more? **CLICK HERE**

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A CUSTOMISABLE IN-PERSON MOBILE CASINO NIGHT

- Unleash your competitive side with an amazing Casino Night
- Hosted by professional croupiers with tables set up at your event, you'll play the most popular casino games
- Choose from games such as Roulette, Blackjack, Three-Card Poker and Texas Hold Em' Poker
- This experience does not feature any real gambling

Want to know more? **CLICK HERE**

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AN IN-PERSON TEAM RACE NIGHT EXTRAVAGANZA

- horse race experience
- Hosted by a live bookmaker & tournament host, you'll place bets on a series of races to win points
- Run using projectors and guest smart phones, this
- This experience does not feature any real gambling

Want to know more? **CLICK HERE**

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• Enjoy a day at the races on this amazing in-person team

experience is fantastic fun for corporate entertaining

BECOME A MAGICIAN! A MAGICAL IN-PERSON TEAM BUILDING CHALLENGE

- Welcome to Mission Magic, a unique and magical team-building challenge
- Your mission if you choose to accept it... create a unique original magic trick presentation!
- Your session will led by your mentor, world-class magician Paul Fowler
- Ideal for improving teamwork, communication, confidence and creativity

Want to know more? **CLICK HERE**



A BESPOKE "LEARN HOW TO FLASH MOB" **WORKSHOP**

- In this flash mob workshop, you'll enjoy an inclusive dance workshop followed by performing a flash mob dance
- Hosted by professional choreographers, who'll first teach you, easy, fun and inclusive routines
- You'll then head to a outdoor space to perform as a team in public
- A bucket list team activity!

Want to know more? **CLICK HERE**

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AN IN-PERSON OLD SCHOOL SPORTS DAY

- Enjoy an old school sports day designed to bring out your inner child
- A "blast from the past" team building activity
- & under, plus many more!
- Running in a tournament format, with a winning team announced at the end

Want to know more? **CLICK HERE**

• Choose from a range of different races and challenges including; sack race, tug-of-war, egg & spoon race, over

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AN IN-PERSON BINGO BONANZA

- Take part in this Bingo Bonanza at any venue of your choice!
- Hosted by a live Bingo Caller, this experience will have your whole team laughing
- This modernised version of the game provides 10 different ways to score a "Bingo"
- Added bonus rounds keep everyone involved throughout the experience

Want to know more? **CLICK HERE**

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DRINKS MASTERCLASSES & TASTINGS

Whether you're into cocktails, wine, beer, spirits or something a little softer, getting together over a drink is always a special moment.

Explore our full range online >

A CUSTOMISABLE IN-PERSON COCKTAIL MASTERCLASS

- Enjoy an incredible in-person cocktail making masterclass led by award-winning mixologists
- You'll learn to make 3 delicious cocktails following the guidance of your host
- Guests can choose to make either alcoholic or nonalcoholic cocktails making it inclusive for all
- This experience is fully customisable to your event

Want to know more? **CLICK HERE**

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A SUPERB IN-PERSON WINE & CHEESE **TASTING EXPERIENCE**

- Enjoy a superb in-person wine tasting hosted by an expert sommelier
- Taste and discover incredible handpicked wines especially chosen for your event
- Fully customisable to your event, with various menus & pairings available
- Suitable for both wine novices and aficionados

Want to know more? **CLICK HERE**

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A CUSTOMISABLE CRAFT BEER TASTING EXPERIENCE

- Enjoy this interactive beer tasting where you'll enjoy 6 handpicked beers
- Hosted by a beer sommelier, who will guide you on your tasting journey
- You'll learn the techniques to train your nose and palate in a tasting aimed at both beer lovers and novices alike
- This experience is fully customisable to your event including extra beers or adding food pairings

Want to know more? **CLICK HERE**



AN INTERACTIVE IN-PERSON COFFEE TASTING

- Enjoy a unique coffee tasting experience
- Perfect for a coffee morning or an energising afternoon event
- A great introduction to the world of Speciality Coffee
- A fun and educational way to spend time with colleagues and clients learning a new skill

Want to know more? **CLICK HERE**

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A BESPOKE IN-PERSON WHISKEY TASTING EXPERIENCE

- tasting
- Hosted by a leading whiskey expert You'll taste 5 hand-selected whiskeys, plus enjoy a whiskey based cocktail to enjoy during your tasting
- Choose between 3 set tastings or we can create your own bespoke tasting

• Learn about the wonders of whiskey in the interactive

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AN AMAZING IN-**PERSON GIN TASTING EXPERIENCE**

- Learn all about the "world of gin" in this interactive tasting
- Hosted by a leading gin expert You'll enjoy 5 handselected gins plus a gin based cocktail to enjoy throughout your event
- Perfect for a fun & interactive team or client event

Want to know more? **CLICK HERE**



CRAFT & CREATIVE EXPERIENCES

Want to do something creative with your colleagues or clients? We've got everything from canvas painting to origami masterclasses.

Explore our full range online >



"SEIZE THE CLAY" IN THIS **IN-PERSON SCULPTING WORKSHOP**

- Get creative in this therapeutic clay sculpture workshop
- You'll be guided through hand-building with air dry clay, learning how to make and decorate your creations
- Choose what you create from: bowls, pots, trinket dishes, ring holders, candle holders, plus more!
- Hosted by an expert artist, this workshop is suitable for all abilities

Want to know more? **CLICK HERE**

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AN INTERACTIVE IN-PERSON TERRARIUM WORKSHOP

- Get green-fingered in this fun and relaxing terrarium workshop
- Your host will show you step-by-step how to create your own personalised terrarium
- This is a relaxing and mindful experience, taking time to slow down and focus on a creative and green workshop • Choose between three different types of terrarium

Want to know more? **CLICK HERE**

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AN INTERACTIVE CANVAS PAINTING WORKSHOP

- Unleash your creativity with this fun and relaxing painting masterclass
- Guided by a wonderfully talented artist, you'll follow along and paint your own masterpiece
- Choose what your group paints or go off your artist's recommendation
- Suitable for all abilities

Want to know more? **CLICK HERE**



A CREATIVE AND ENGAGING ORIGAMI WORKSHOP

- Join a full time origami artist for a fun and engaging origami workshop
- Experience the world of origami and learn all about this fascinating art from our expert
- You'll be guided through a range of fun and accessible origami models including animals, decorations and boxes

Want to know more? **CLICK HERE**

or email:

corporate@avvaexperience.com





AN INTERACTIVE IN-PERSON CARICATURE EXPERIENCE

- Enjoy a fun, caricature experience with a wonderful artist
- Choose between two exciting formats
- at your event
- "Caricature Workshop Your artist will teach your group how to draw caricatures

Want to know more? **CLICK HERE**

or email: corporate@avvaexperience.com

• "Caricature Your Guests"- Your artist will draw guests

A RELAXING IN-PERSON CANDLE MAKING WORKSHOP

- Enjoy making your own luxury aromatherapy soy wax candles using essential oils
- Hosted by an expert who will guide you through every step of the therapeutic process
- Customise your experience by choosing your own fragrances and the number of candles you make

Want to know more? **CLICK HERE**



MAKE YOUR OWN LUXURY PERFUME: AN IN-PERSON WORKSHOP

- Make your own luxury perfume in this in-person workshop
- You'll receive an intro to creating your own luxury perfume; using natural and therapeutic ingredients
- Your expert host will teach you the basics of perfumery before you put scents together to create your own bespoke perfume

Want to know more? **CLICK HERE**

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IN-PERSON JAPANESE FLOWER ARRANGING "IKEBANA"

- bring
- At the end guests will have a beautiful piece to take home and enjoy

Want to know more? **CLICK HERE**

• Ikebana is a Japanese method of flower arranging that emphasises the space between flowers, and values the mindfulness and friendship that flower arranging can

• In this workshop, guests will learn about the principles of Ikebana as well as its rich history in Japanese culture

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AN ENGAGING SILHOUETTE MAKING **EXPERIENCE**

• Enjoy an engaging silhouette making experience with a talented artist

- Choose between two exciting formats
- "Silhouette Your Guests"- Your artist will silhouette guests at your event
- "Silhouette Workshop Your artist will teach your group how to make silhouettes

Want to know more? **CLICK HERE**



INTERACTIVE **SHOWS & ACTS**

Prepare to be amazed! These unique experiences are best for entertaining groups of clients or colleagues, with lots of interaction.

Explore our full range online >

A HILARIOUS IN-PERSON STAND UP SHOW BY A STAR COMEDIAN

- Experience a one of a kind stand-up show with your very own private comedian joining your event
- Choose from experienced top-level professionals and celebrities as seen on the likes of Live at the Apollo, Mock the Week & Have | Got News For You.
- Your comedian can adapt their set to suit your events occasion
- Choose from Rob Beckett, Ed Gamble & much more

Want to know more? **CLICK HERE**

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CLOSE UP MAGIC BY A BAFTA AWARD WINNING MAGICIAN

- magician Fergus Flanagan
- Fergus has performed for the world's leading brands, as a television magician on BBC, Sky and ITV
- and across Europe

Want to know more? **CLICK HERE**

Enjoy in-person live magic from BAFTA award-winning

given shows at the Royal Albert Hall and has featured • His innovative combination of magic and mindreading makes him one of the most sought-after acts in the UK

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AN INCREDIBLE IN-PERSON MAGIC SHOW BY A WORLD CLASS MAGICIAN

- Discover one of the UK's leading Magician's, Paul Fowler and experience an incredible magic show
- Enjoy a brilliant blend of live magic & mind reading as you choose from a variety of different performance packages
- Choose from a standalone performance in front of your entire audience and / or Paul can do 'close up tricks' as he performs to small groups throughout your event

Want to know more? **CLICK HERE**



DISCOVER YOUR FORTUNE WITH THIS IN-PERSON PSYCHIC PARTY

- Get ready for a one-of-a-kind psychic party where you'll experience palmistry, card and crystal ball readings
- Enjoy a unique combination of psychic, theatrical and therapeutic interactive experience
- Guests will be wowed and entertained throughout the session as everything is interactive, experiential and leaves participants feeling optimistic

Want to know more? **CLICK HERE**

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ENJOY DANCING WAITERS & A FLASH **MOB SURPRISE**

- as waiters, guests or security guards
- They'll then create a "bespoke scene" to get everyone's attention before bursting into a jar dropping dance display
- dance floor, and take them through an easy but incredibly fun dance workshop

Want to know more? **CLICK HERE**

• Professional dancers will go "undercover" at your party

• After this, they'll get your guests on their feet / on the

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A HILARIOUS IN-PERSON CARICATURE COMEDY ROAST

- Get ready for a hilarious caricature comedy roast
- Hosted by the sensational Sassy Steve, this fabulous interactive act will have your entire event in stitches
- Steve will arrive at your event and will roam and digitally sketch your guests
- He'll then present the results on stage, inviting some lucky members of the crowd to join him and be sketched and roasted in real time!

Want to know more? **CLICK HERE**

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FOOD TASTINGS & MASTERCLASSES

From chocolate tasting to a baking masterclass, your group can make something to be proud of.

Explore our full range online >

A LUXURY IN-PERSON CHOCOLATE TASTING EXPERIENCE

- The ultimate chocolate-tasting class!
- Get taken on a global chocolate tasting tour and try the 'world's best chocolate'
- You'll learn to taste chocolate in new and surprising ways
- This tasting will include 9 different types of chocolate.
- Hosted by a master chocolatier

Want to know more? **CLICK HERE**

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A FUN & CREATIVE IN-PERSON COOKIE DECORATING WORKSHOP

- Get creative in this cookie decorating workshop
- Hosted by an expert baker, you'll use coloured fondants, buttercream and decorations to make 12 cookies each
- This is a fun and relaxed experience where individual creativity is encouraged

Want to know more? **CLICK HERE**

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AN IN-PERSON CUPCAKE DECORATING WORKSHOP

- Get creative in this fun and creative cupcake decorating workshop
- Hosted by an expert baker, you'll use coloured fondants, buttercream and decorations to make 12 fabulous looking cupcakes
- This is a relaxing and casual experience where individual creativity is actively encouraged

Want to know more? **CLICK HERE**



STAFF WELLBEING & DEVELOPMENT

60

These experiences are designed to improve the wellbeing of team members.

<u>Explore our full range online ></u>

A REJUVENATING IN-PERSON WELLBEING WORKSHOP

- Enjoy a rejuvenating in-person wellbeing workshop with your very own mindfulness coach
- Learn a range of practical strategies that empower participants to release stress, worry less, connect with one another and feel transformed for the better
- The activities are low impact, suitable for all ages and can be easily adapted for any mobility issues

Want to know more? **CLICK HERE**

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corporate@avvaexperience.com





AN IN-PERSON RESILIENCE AND BURNOUT WELLNESS WORKSHOP

- Keep your team happier and healthier with this Resilience and Burnout Workshop
- Hosted by Dr Alex & Dr Nirja, two qualified doctors • This experience showcases the importance of mental
- health in the workplace
- At the end of the workshop you'll be able to identify wellbeing

Want to know more? **CLICK HERE**

issues with burnout and strategies to help to improve

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BEYOUR OWN MASSAGE THERAPIST WORKSHOP

- Feel calm, revitalized and ready to take on the world with this self-massage workshop!
- Learn relaxation techniques to work on your own skin and soft tissue bringing you stress relief and a greater sense of embodiment and alertness
- These techniques can help ease tension, promote blood flow and allow you to experience a heightened sense of wellbeing

Want to know more? **CLICK HERE**



A WORKSHOP ON HOW TO IMPROVE YOUR HEALTH & NUTRITION AT WORK

- Learn about the main issues impacting our physical health and nutrition whilst at work
- This experience showcases the importance of health in the workplace, hosted by Dr. Alex Lai and Dr. Nirja Joshi, The WorkWell Doctors
- At the end of the workshop, your team will be better equipped at managing their physical health & nutrition in the workplace

Want to know more? **CLICK HERE**

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A FUN AND ACCESSIBLE **IN-PERSON YOGA SESSION**

- Enjoy a fun and relaxing in-person yoga session with your choice of 3 different classes designed for working teams
- Hosted by an international yoga instructor, who can set up at any office or venue
- Choose between the energising 'Flow Yoga', relaxing 'Meditative / Yin Yoga' or enjoy the rejuvenating 'Desk Mobility / Posture Yoga'

Want to know more? **CLICK HERE**

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A CHOICE OF REINVIGORATING **WORKOUT SESSIONS**

- Brighten up your working week with a fun, energising workout session
- Get hearts racing with either the 'HIIT' and 'Strength' sessions, or focus on relaxation and recovery with the 'Mobility' session
- Each class will be tailored to your group's goals, meaning each session is suitable for every ability
- This session can be set up in any office or venue





AN IN-PERSON DIGITAL WELLBEING AND REST **WORKSHOP**

- Treat your team to a wellness digital detox in this Digital Wellbeing and Rest Workshop.
- Explore ways on 'how to rest' and taking breaks and how this can help your working day hosted by Dr. Alex Lai and Dr. Nirja Joshi
- By the end of Digital Wellbeing and Rest Workshop you will have discovered ways to create healthy boundaries between yourself and your devices.

Want to know more? **CLICK HERE**

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AN IN-PERSON MENOPAUSE IN THE WORKPLACE WORKSHOP

- This in-person workshop gives employees an understanding of what menopause is and how teams can help support women during this time
- Dr Alex and Dr Nirja will talk you through the science in an easy-to-digest way
- At the end of the workshop, you'll have a clearer understanding of what menopause is and how we can support team members

Want to know more? **CLICK HERE**

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A TIME, WORKLOAD AND **BOUNDARY SETTING** WORKSHOP

- We all go through periods when we struggle to manage our workloads
- Learn techniques to truly set boundaries in your working life
- This workshop is suitable for remote, office-based and hybrid teams
- This experience is hosted by Dr. Alex Lai and Dr. Nirja Joshi





INSPIRATION:

LGBTQ+ HISTORY & PRIDE MONTH



THE NUMBER 1 DRAG QUEEN BINGO **EXPERIENCE** <u>Learn more ></u>



LGBTQ+ HISTORY **DRAG BINGO &** TRIVIA EXTRAVAGANZA

<u>Learn more ></u>

PRIDE THEMED IN-PERSON CANVAS PAINTING MASTERCLASS

<u>Learn more ></u>

FACT: LGBT History Month was founded in 1994 by Missouri high-school history teacher Rodney Wilson



AN INTERACTIVE PRIDE COOKIE IN-PERSON WORKSHOP

<u>Learn more ></u>



A CUSOMISABLE **PRIDE & LGBT** HISTORY GAME SHOW BONANZA

<u>Learn more ></u>

INSPIRATION:

INTERNATIONAL WOMEN'S DAY & MONTH



AN INTERACTIVE WOMEN'S HISTORY **MONTH TRIVIA** QUIZ

<u>Learn more ></u>



A WINE TASTING CELEBRATING WOMEN IN WINEMAKING

<u>Learn more ></u>

FACT: International Women's Day (IWD) was born on March 8, 1908 when 15,000 women marched through the streets of New York City



CELEBRATE **HISTORIC FEMALE ARTISTS WITH A CANVAS PAINTING** WORKSHOP

<u>Learn more ></u>



A MUSICAL BINGO BONANZA CELEBRATING FEMALE ARTISTS

<u>Learn more ></u>



INSPIRATION:

EASTER & **SPRING THEMED**



MAKING



AN IN-PERSON **SPRING LIVING** WREATH MAKING WORKSHOP

FACT: Easter eggs make up 10% of the total amount spent on chocolate per year by people in the UK

AN IN-PERSON CHOCOLATE EASTER EGG WORKSHOP <u>Learn more ></u>



AN IN-PERSON NATURAL SOAP MAKING WORKSHOP

<u>Learn more ></u>

<u>Learn more ></u>



AN IN-PERSON EGG PAINTING WORKSHOP

<u>Learn more ></u>



FAQs

Q: HOW DO I BOOK AN EXPERIENCE?

A: Enquire via <u>avvaexperience.com</u> or get in touch using corporate@avvaexperience.com or +44 20 3488 6930

Q: ARE YOUR EXPERIENCES AVAILABLE NATIONWIDE?

A: Yes, we can deliver our in-person experiences at any venue or office in the UK.

Q: I CAN'T FIND THE EXPERIENCE I'M LOOKING FOR?

A: We have hundreds of experiences available online. If you can't find what you're looking for, please get in touch and we will let you know if we can assist.

Q: WHAT IF WE NEED TO CHANGE DATE OR CANCEL?

A: You can change the date of your experience up to 14 days prior to the originally scheduled date. A full refund can be made on cancellations more than 30 days prior to a scheduled event.





GET IN TOUCH

If you'd like to book an experience or would just like to find out more please get in touch:

avvaexperience.com

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